

ONU CHAPEL

BECOMING WHO WE ARE IN CHRIST

UUUUUP

SPRING

2026

WAKE
UP

Ephesians



The Book of Ephesians is Paul's clearest call to a spiritually distracted, divided, identity-confused church to **wake up** to what is already true about them in Christ.

In a world filled with noise, pressure, comparison, loneliness, and confusion, students are asking the same questions the Ephesians asked:

- Who am I really?
- Where do I belong?
- How do I navigate sexuality, unity, purpose, and relationships?
- How do I live awake, not numb?

Ephesians declares: **You don't achieve your identity by trying harder, you wake up and receive who God has already made you to be in Christ.**

WAKE UP

“Wake up,
sleeper, rise
from the
dead, and
Christ will
shine on you.”

EPHESIANS 5:14

Identity

Who we are in Christ

Unity

Who we are together

Holiness

How we walk in the light

Power

How we stand firm in a
spiritual battle

Outcome Vision

A campus of students who are:

- **Grounded** in Christ-given identity
- **Healed** from shame, division, confusion, and apathy
- **Awakened** to the presence and power of God in them and around them
- **Sent** as dispensers of hope, healing, and wholeness into residence halls, teams, and classrooms

This semester is an invitation for ONU to **wake up and become who we truly are in Christ.**

Messages

8 Core Teachings

Week/ Text	Big Truth	Big Issue
1. Wake Up to Who You Are. Eph. 1:1-14	Your identity is received, not achieved.	Comparison, insecurity
2. Wake Up to What You Already Have. Eph. 1:15-23	Stop striving. Start seeing.	Burnout, hustle culture
3. Wake Up to Grace. Eph. 2:1-10	Jesus didn't make you better, He made you	Shame, digital addiction
4. Wake Up to Unity. Eph. 2:11-22	The gospel tears down walls between us.	Racial tension, division
5. Wake Up to Your Purpose. Eph. 4:1-16	Maturity is not performance, it's participation.	Deconstruction, church hurt
6. Wake Up to Real Love. Eph. 5:1-14	God's love frees you from counterfeit intimacy.	Lust, hookup culture
7. Wake Up to Spirit-Filled Relationships. Eph. 5:21-6:9	To be Spirit-filled is to be servant-hearted.	Dating, family wounds
8. Wake Up to the Real Battle. Eph. 6:10-20	You fight FROM victory, not FOR victory.	Anxiety, spiritual warfare